

**TITLE 4: ECONOMIC RESOURCES**  
**DIVISION 7: INSURANCE**

**§ 7810. In-Person Mental Health Services Not Required.**

Neither the health insurance issuer nor the health benefit plan shall require the presence of a mental and/or behavioral health services provider at the patient's physical location. Only the mental and/or behavioral health services provider who is providing the services by means of telehealth may determine whether it is necessary to have an additional mental and/or behavioral health services provider physically present with a patient during treatment. A patient-provider relationship and patient consent to treatment for mental and/or behavioral health services may be established by a real-time, interactive, telehealth modality. No in-person visit shall be required for mental and/or behavioral health services by telehealth at any time during the patient-provider relationship, unless the services provider determines that an in-person visit is in the patient's best interest.

**Source:** PL 23-13, § 2 (Nov. 22, 2023).

**Commission Comment:** *Legislative Findings.*—For Findings and Purposes of PL 23-13, see Commission comment to 4 CMC § 7801.